

What means leisure time and how to organize it?

What can mothers do with their children in their leisure time?

Why is it important to learn about organizing your leisure time?

How can I encourage my child?

Together we look for answers to this and other questions.



We cordially invite you to the course for migrants

„Get on organizing your leisure time“

Place: Katholische Kirche St. Josef, Stapfenstrasse 25, 3098 Köniz

Time: 9:00 till 11:00 a.m.

Dates: 6 x Friday 18.08./ 25.08./ 01.09./ 08.09./ 15.09./ 22.09/2017

Childcare: Available during the course

Cost: 30 CHF

Course language: Simple, easy to understand German

Course leadership: Regina Wälti and Ana Pfeiffer

Organisers: famira Fachfrauen für Migration und Integration

Supported by: Erziehungsdirektion Kanton Bern, Gemeinde Köniz and

Katholische Kirchen Region Bern

Inquires to: Regina Wälti, Tel. 079 753 97 89

Ana Pfeiffer, Tel. 079 353 31 12



Registration to your child's **teacher** or to
Ana Pfeiffer, Schwandenhubelstrasse 20, 3098 Schliern

Name _____

Adress _____

Phone _____

I will bring my child/ children along to childcare: Yes _____ No _____

Age of the children _____

Insurance is responsibility of the parents



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